

VIOLA LESSONS

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BUYING OR HIRING A VIOLA

You can hire a Viola from the Sheffield Music Hub, or purchase your own. Please check which size you require.

BUYING MUSIC BOOKS

You will need to buy the following books:

Viola Time Starters by Kathy and David Blackwell

Theory Made Easy For Little Children (Level 1) by Lina Ng

Sheffield Music Hub Learning Log or Notebook

PRACTICE

You should aim to practice at least three times a week for 5 to 10 minutes each time.

Clap the rhythms

Name the notes

Sing along

Make the best sound

Learn in sections

Count in each time you play

Use the best technique

Choose a suitable speed

HOLDING THE VIOLA



Hold the Viola on the left shoulder

Rest your head on the chin rest

Viola must be level with the floor, not pointing up or down

Viola should be slightly out to the side, not in front

Use a shoulder rest or sponge (with elastic band) to make it more comfortable

Left hand fingers go on the right hand side of fingerboard, the thumb goes on the other side

Do not rest wrist on the Viola

HOLDING THE BOW

Hold the bow in your right hand

Thumb in the gap and the 4th finger covering the 'eye'

All fingers are bent

Gaps between the fingers

Little finger sits on top of the bow



INSTRUMENT CARE

Do not turn the pegs or the fine tuners

Do not touch, knock or move the bridge

Dust the instrument with a soft cloth only

Keep your Viola in the case when you are not practicing

Do not touch the horse hair of the bow

ACCESSORIES

You will need these items as well.

Music Stand



Rosin



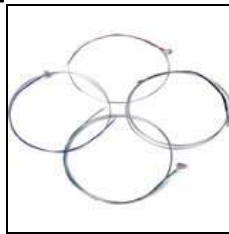
Shoulder Rest



Metronome App



Spare Strings



Mute

