**Music at Home!**

***Get involved and enjoy music at home or in school***

During times of difficulty we often turn to music in its many varied forms to help us through. Whether it's music to listen to which cheers us up and lifts our mood, music that makes us cry, music that makes us want to dance and sing, or just as a distraction from everything around us; now more than ever music has the power to help you and your child to soldier on....so ....here are some suggested activities to help!

Each week you will receive:

* **Song of the week** - warmups and a new song to learn
* **Challenge of the week** - a simple game or idea for your children to have a go at
* **Signposts** - a guide to other resources you might enjoy!

So here we go with Week 8...

***Suitable for KS2***  
This week [Pete Taylor](https://www.sheffieldmusichub.org/schools/music-leaders/peter-taylor) walks you through an exciting warm up to get you ready to sing. The song is [Make a Difference](https://youtu.be/tiUB1KG3wuo) and we hope you enjoy learning and singing this week!

**Song of the Week!**

***Suitable for upper KS2 and KS3***  
Our challenge this week comes from our partners at [Sheffield Music School](https://www.sheffieldmusicschool.org.uk/). They have been working hard throughout this time at home to make sure children in Sheffield get access to their amazing, bespoke music classes, every Saturday morning. The challenge is a fun game to get you thinking about the distance between notes (intervals) - to take part [click here](https://www.youtube.com/watch?v=UGnampluo0Y&feature=youtu.be).  For more information about the music school and how to get involved [click here](https://www.sheffieldmusicschool.org.uk/) or [email them](mailto:sheffieldmusicschool@hotmail.co.uk) directly.

**Challenge of the Week!**

***Teachers and Schools***   
During this time, music has been so important in creating a feeling of normality for children. Music has so many benefits both emotional and educational and now more than ever we need to find the time and space to make sure children in Sheffield can still access it. [Click here](https://www.musicmark.org.uk/resources/10-things-schools-should-know-about-learning-music/) to find out more about the benefits music can have in your school.

**Signposts!**

***Under 5s!***   
Create Sheffield launched their amazing new app during Lockdown - [50 Things to do before you're 5!](https://sheffield.50thingstodo.org/app/os#!/whats-it-all-about) Here you will find activities for you to take part in with your little ones that will keep them engaged and learning wherever you are. [Click here](https://sheffield.50thingstodo.org/app/os#!/50-things-to-do-before-youre-five) to have a peak at the activities!

***For Y3-Y6 and Y7+***  
[Laura Steelyard](https://www.sheffieldmusichub.org/schools/music-leaders/laura-lister-voice) and [Caroline Hallam](https://www.sheffieldmusichub.org/schools/music-leaders/caroline-hallam-singing) are still taking new applications for [Festival Choir](https://www.sheffieldmusichub.org/sing-and-play/music-hub-festival-choir)and [Senior Choir](https://www.sheffieldmusichub.org/sing-and-play/senior-choir). There are currently around 50 members in each choir and rising each week which makes it an exciting place to make music. Senior Choir have an exciting collaboration with [Apollo 5](http://apollo5.co.uk/) this term and Festival Choir are undertaking a recording project to finish the year with a bang! The sessions are free of charge until the end of this academic year so come and give it a try!

Our updates aim to give you some really simple tasks that children of all ages can take part in! Please join in and let us know how you are getting on by tagging us on [Facebook](https://www.facebook.com/SheffMusicHub/) or [Twitter](https://twitter.com/SheffMusicHub)!