**Music at Home!**

***Get involved and enjoy music at home or in school***

During times of difficulty we often turn to music in its many varied forms to help us through. Whether it's music to listen to which cheers us up and lifts our mood, music that makes us cry, music that makes us want to dance and sing, or just as a distraction from everything around us; now more than ever music has the power to help you and your child to soldier on....so ....here are some suggested activities to help!

Each week you will receive:

* **Song of the week** - warmups and a new song to learn
* **Challenge of the week** - a simple game or idea for your children to have a go at
* **Signposts** - a guide to other resources you might enjoy!

So here we go with Week 7...

**Song of the Week - Suitable for KS1**  
This week, [Laura Steelyard](https://www.sheffieldmusichub.org/schools/music-leaders/laura-lister-voice) looks at a fun warm up using the character called Wesley Bear, and goes on to learn the song 'Just Like Me!'. [Click here](https://www.youtube.com/watch?v=p5Cb0eNfE0g&feature=youtu.be) to join in!

**Song of the Week!**

**Challenge of the Week - Suitable for KS1**  
In your challenge this week [Caroline Hallam](https://www.sheffieldmusichub.org/schools/music-leaders/caroline-hallam-singing) asks you to use your 'thinking voice'...it also looks at words which sound the same but have a different meaning. This is [Tony Chestnut (Toe-knee Chest-nut)](https://www.youtube.com/watch?v=P3hdIHJq9zo&feature=youtu.be)

**Challenge of the Week!**

***Suitable for KS2 -KS4***

**Signposts!**

**Sheffield Music Academy** presents their [Mid-week Concert Series](https://www.youtube.com/channel/UCVnqSrfT5UaaC8rXzMgR6Pw)! This is an opportunity to watch some amazingly talented, hard-working young musicians perform a variety of genres from the comfort of your own home. The series has been produced to prepare the students for their [Music Marathon](https://www.sheffieldmusicacademy.org/whats-on); millions of musical notes, hundreds of musicians, 26.2 hours of non-stop music! They are doing the Marathon to raise money for their [Support a Student appeal](https://www.sheffieldmusicacademy.org/single-post/2020/06/18/Support-a-Student-Appeal) - [subscribe to their YouTube Channel](https://www.youtube.com/channel/UCVnqSrfT5UaaC8rXzMgR6Pw) and [Donate now](https://www.sheffieldmusicacademy.org/single-post/2020/06/18/Support-a-Student-Appeal)!

***Suitable for KS2 and above***

**Katumba** is a fabulous group who are currently running some free interactive rehearsals. You don't need to have a drum and sticks, you can improvise using things from around your house! Drumming is a fabulous way to get moving and expressing yourself through rhythm and music. To find out more [click here](https://www.katumba.co.uk/tune-in/)

Our updates aim to give you some really simple tasks that children of all ages can take part in! Please join in and let us know how you are getting on by tagging us on [Facebook](https://www.facebook.com/SheffMusicHub/) or [Twitter](https://twitter.com/SheffMusicHub)!